

August 19, 2013: We-Space Practice injunctions-invitations-invocations

Beforehand: Lie on earth. Each person finds an earth element (flower, rock, cedar bough...)

- Gather in a quiet space, in circle formation, no distractions, bringing elements from earth to the center, with a candle.
- Remind ourselves of the questions:
 - Is now the time?
 - Is this the space?
 - Am I the one?
 - Is it from God?
- Open Eyes / Sit up straight / Show up fully
- Ring Bells: 3 times to start
- Devotional Prayer
- Guidance: Ground of Being
- Guide quick weaving (“I” as pillar > “I-thou” dyad sharing of focus > “We” all beams of light and love meeting in the middle of the circle, breathing into that center pillar)
- Inspirational reading of a text
- Speaking out loud as invocations and invitations, the following:
 1. May we surrender into witnessing, allowing Presence to deepen
 2. May we suspend the “known”, being open and curious
 3. May we listen deeply to what wants to emerge, building on the truth of what has been said
 4. May we engage passionately, infusing the space with life energy & expectancy
 5. May we be mindful of **self**, especially our inner faculty of discernment
 6. May we be mindful of **other**, attuning to the thread of truth
 7. May we be mindful of the **space**, informed by the whole field.
- Dive fully, as awake as possible, into the emergent co-created unfolding!

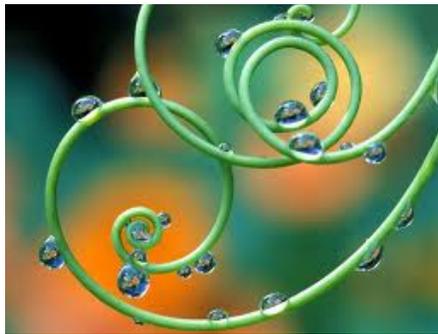
Focusing our inquiry: Our question on three scales:

1. Global: THE koan of our time: How can we “be” the great needed change?
 2. Local: What’s the next step that we can do?
 3. Medial: What’s the soul nature of this circle’s unique assignment?
- Closing in a way that invokes a continuation, an onward and forward.

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This particular set of we-practice injunctions brings together insights and practices from various we-practice experiments, including: a decade of practice at [Morning Star Community](http://nextstepintegral.org/about-us/history) (<http://nextstepintegral.org/about-us/history>), which led to the work we now do through Next Step Integral, Dustin Diperna and Christina Vickory's development of the weave practice with the growing we-practice community, the Quaker tradition, Olen Gunnlaugson's injunction "Surrender into Witnessing", Terry Patten's recent ITC 2013 paper "Enacting an Integral Revolution", as well as emergent inspirations and understandings from our group present at this retreat, and our many collected years of meditative, contemplative, awakening practices. Links to many of these resources can be found at: <http://nextstepintegral.org/resources/ic>

Worth noting here also is that the articulation of any set of injunctions does not "belong" to anyone in particular, they are not "authored" by any one of us... we are all riding on the explorations, insights, glimpses and articulations of others who have worked along the same veins, before our time, as well as now.



And here a short set of injunctions for We-space practice from the Next Step Integral Community seminar 2012:

1. Surrender into witnessing, allowing Presence to deepen
2. Listen deeply, making room for silence and the emergent
3. Suspend the "known", being open and curious

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